



Max and Mila at the Beach: A Sun Safety Guide for Kids (Paperback)

By MS Amalyn Persohn Martin

Children s Melanoma Education Book, United States, 2013. Paperback. Book Condition: New. Mrs Jennifer Anne Danker (illustrator). 212 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.The purpose of this book is to educate your little one on sun safety and most importantly to continue to use these principles in your everyday lives. Melanoma is thought to occur rarely in children. However, a number . of recent publications and our own experience clearly indicate that a profound change in the natural history of melanoma is now occurring and that melanoma, indeed, is occurring much more frequently in children and teenagers. Teaching children healthy habits at a young age and making it as common as teeth brushing and eating three healthy meals a day is imperative. The best way to prevent melanoma is to minimize exposure of your children s skin to sunlight; the younger they are when they start practicing sun-safe behavior the greater the benefit. A single bad sunburn under the age of 20 may double the risk of melanoma; three blistering sunburns multiplies the risk by five. Minimize exposure from 10 am to 4 pm when the sun is strongest, make sure they...



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