



## Brilliant Assertiveness: What the Most Assertive People Know, Do and Say

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By Dannie Lu Carr

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Brilliant Assertiveness: What the Most Assertive People Know, Do and Say, Dannie Lu Carr, Being assertive means that you are self-assured know what you want from life, are happy to stand up for yourself and have the respect of those around you. Do you want to be like this? This book will show you how! Practical and easy to read, it looks at what it means to be assertive in today's world. As well as containing plenty of exercises and case studies, it also includes a personal plan which can be adapted by you to suit the issues you are facing.



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