



Seventy Meditation Lessons from My Universe: Yea, Yea, Nay, Nay the Yoes Code for Heaven on Earth (Paperback)

By Jimmie Ray Yoes

iUniverse, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.What if it were possible to use a single, all-purpose mantra to help realize the right balance of the inspiration and the practical in every day life? In Seventy Meditation Lessons from My Universe, spiritual leader Jimmie Ray Yoes shares his comprehensive templates for self-identification and self-optimization based on biblical scripture and the Yoes code for heaven on earth. Yoes is no stranger to life's challenges. Paralyzed after spinal cord surgery at age eleven, Yoes has learned to rely on a coherent system of spiritual practice that has allowed him to never miss a day of work in nearly sixty years and to establish a successful sailing academy and wheelchair tennis association. For most of his lifetime, Yoes has been contemplating and decoding the cryptic sayings, Yea, yea; Nay, nay and I am Alpha and Omega that has in turn, helped him program his subconscious mind to solve balancing issues, relieve stress, and achieve inner peace. Accomplishing balance is necessary for personal and collective survival. Seventy Meditation Lessons from My Universe offers life-inspiring advice and four key...



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